

## Exploring Feelings

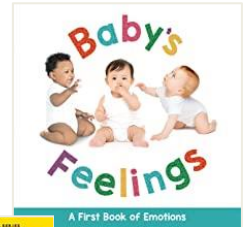
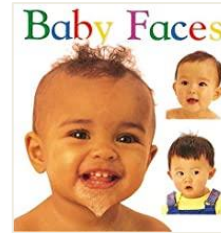
Families benefit from reading stories about feelings since they provide children with the emotion vocabulary needed to effectively communicate with the adults who love them.

Check out these books and have FUN with emotions:

### For Infants:

*Baby Faces* by DK Publishing

*Baby's Feelings: A First Book of Emotions* by Little Hippo Books



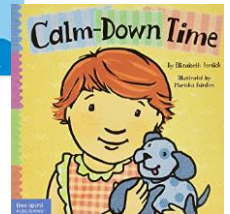
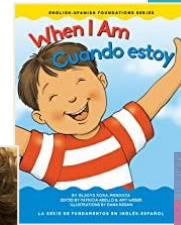
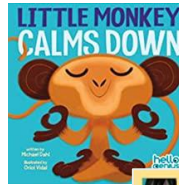
### For Toddlers:

*Little Monkey Calms Down* by Michael Dahl

*When I Am/Cuando Estoy* by Gladys Rosa-Mendoza

*Lots of Feelings* by Shelly Rotner

*Calm Down Time* by Elizabeth Verdick



### For Preschoolers:

*I Like Myself* by Karen Beaumont

*How Do You Feel?* by Anthony Browne

*The Way I Feel* by Janan Cain

*Theo's Mood* by Maryann Cocca-Leffler

*Today I Feel Silly* by Jamie Lee Curtis

*On Monday When It Rained* by Cherryl Kachenmeister

*The Color Monster* by Anna Llenas

*My Many Colored Days* by Dr. Seuss

